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## *IV Nutrient Infusions*

## *Migraine & Pain Infusion*



### How Does IV Nutrient Therapy Work?

- Most people consume their vitamins and micronutrients through their food and supplements.
- Orally ingested vitamins and micronutrients go down to the stomach and intestines, where they are broken down by gastrointestinal enzymes and then absorbed into the bloodstream.
- There is a limit to how fast these substances can be absorbed from the gastrointestinal tract, so what is not absorbed continues through the body and is excreted as stool.
- Other factors that impact the amount of vitamins absorbed from the intestine are an individual's metabolism, age, genetics, and interactions with other orally consumed products.
- As with most of the vitamins and micronutrients going to waste, the body does not derive the full benefits of these substances when they are orally ingested as food or other supplements.
- With IV Vitamin therapy, the minerals and vitamins are administered into the body through the veins. Ultimately, only small amounts of vitamins and micronutrients go to waste during IV Vitamin therapy

Migraine headaches and sciatica pain can be life-changing, and debilitating episodes.

Consider IV nutrient infusions as a monthly or quarterly therapy to aid your current regimen.

**Ascorbic Acid (Vitamin C):** Ascorbic acid is a water-soluble vitamin found in fruits and vegetables such as citrus fruits and green peppers. Ascorbic acid is a free radical, an antioxidant scavenger, and plays a major role in oxidation-reduction reactions. Ascorbic acid has been used for a variety of ailments including the common cold, gum infections, acne, depression, fertility, and cancer; however, these claims have not been substantiated and vitamin C is not recommended for these purposes

**B Complex Vitamins:** Vitamin B complex is essential for a wide variety of functions in the human body, its deficiency can also lead to several disorders including chronic neurological ones. B complex deficiency is normally caused due to four possible reasons; high consumption of processed and refined food, with lack of dairy and meat-based food in diet, excessive consumption of alcohol, impaired absorption from the gastrointestinal tract or impaired storage and use by liver.

**Calcium:** Calcium aids bone formation and strength. It also can help control irregular heartbeats.

**Magnesium:** Magnesium is essential to practically all body systems. With 60% of magnesium within the body found in the bones and 27% in the skeletal muscle, magnesium plays an essential role in maintaining the integrity of the musculoskeletal system. Magnesium promotes bone mineralization through the activation of vitamin D.

Inflammation is treated with dexamethasone, a steroid. Nausea and/or vomiting is treated with ondasetron (Zofran), and pain with ketorolac (Toradol).

**Saline Solution:** All ingredients for the Myers' cocktail are combined in an IV bag usually consisting of normal saline.

**It is important to seek care with your primary care provider as IV nutrient therapy is not approved by the FDA , Clients can receive IV nutrients as an alternative therapy.**

